OUTDOOR SAFETY CHECKLIST

- Check the weather forecast
- Water in a reusable aluminium bottle
- Bring a small first aid kit, sunscreen, and insect repellent
- If visiting remote locations leave a trip plan with family or friends
- Bring appropriate clothing for weather conditions and terrain
- Multitool with knife, scissors, and pliers
- Power bank to ensure that mobile devices don’t run out of battery
- Keep your distance from animals, stay on paths and trails, use stiles and gates

THE OUTDOORS IS YOURS – PROTECT IT
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